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Website: www.icicle-mountaineering.ltd.uk Online: shop.icicle-mountaineering.ltd.uk



2024 trip dossier | Silvretta Ski Tour £1599

Website link http://www.icicle-mountaineering.ltd.uk/silvretta%2Bski%2Btour.html

Key features

- Tour in the Silvretta Alps on the Austria Swiss border and bag some 3000m peaks.
- 5 days guiding (Monday Friday), suitable for both skiers and split boarders.
- A challenging ski tour with the chance to develop your route finding and avalanche safety skills.
- Led by top qualified guides (IFMGA), 3 6 clients maximum per guide.
- Mountain hut accommodation on a half board basis.
- 2024 dates; 25 February 2 March, 17 23 March, 7 13 April 2024.



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Course overview

- The Silvretta Alps on the Austria / Switzerland border, boasts lots of 3000m peaks, so is an ideal choice for those wanting to bag some peaks. The terrain is idea for intermediate level ski tourers, and the huts are amazing as they are infamous for their great food and hot showers!
- Our tour starts and ends in the Ischgl valley, just across the Tirol mountains from Klosters. The meeting point and first night is in a hotel in Landeck, about a 2.5 hour transfer from Zurich airport.
- This tour is ideal for those wanting a intermediate level ski tour. As the course is based in mountain huts throughout, this course will also appeal to those wishing to escape the hustle of the Alpine valley towns.
- You can contemplate this tour after only a few days touring experience. Skiing ability should be fairly good as there is some steep skiing, and the powder on this route is legendary.
- The ski touring guide will also try to develop your technical abilities, allowing you to improve your route finding, fine tune your off piste and ski touring techniques, and become efficient at avalanche prediction.
- The accommodation in the mountain huts on the route is half-board throughout. This level of comfort is important, as you really need a good cooked meal after the efforts of each day of ski touring.

Itinerary notes and options

There are many route variations and options on the Silvretta ski tour, such as using the alternative start point of the Partenen. The guide can alter the tour to take advantage of the best weather and snow conditions. In this way the itinerary can be flexed so that you achieve as much as possible on your ski tour. All our Silvretta tours are run by guides who know the region really well, so rest assured that you will have the best trip possible, benefiting from great local knowledge. The itinerary below is for guidance, but should give you a clear idea of the possibilities.

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Sample itinerary

Sunday

Travel to Landeck in Austria to arrive for the 19:00 check-in at the accommodation. The guide meets you in the hotel, and over dinner today or breakfast tomorrow they discuss the itinerary and plans for the week. They will brief you on the weather forecasts, and on exactly what kit to pack. Night in Landeck.

Monday

Transfer to Ishgul ski area. Enjoy a few funs to check the kit and get your ski legs back, then take lifts to Paulinerkopf and ski tour over several cols along the Austria-Switzerland border, before descending to the Heidelbergerhütte at 2264m. The hut has hot showers, a good choice of drinks, and great food.

Tuesday

Today the aim of the tour is to reach the Jamtalhütte, and the route ascends up the glacier to reach the Kronenjoch col. If you are feeling strong, you ascend the peak of Breite Krone, and return to the col. From here you ski down to the Jamtalhütte, where you stay for the night.

Wednesday

You have a choice of ski touring summits to aim for today, including the Hinter Jamspitz 3156m, Augstenspitze 3228m, or the Gemsspitz 3107m, before returning to the Jamtalhütte for the evening. Using this hut as a base for two nights enables you to travel and ski with a light pack today.

Thursday

An early start to ski tour up to the summit of Dreiländerspitze 3197m. This is quite a technical ascent, and you can leave skis just below the summit, to reach this narrow top using crampons. There are several other peaks to select from instead. The mountain scenery in this section is absolutely stunning. After the summit, you ski down to reach the Wiesbadnerhütte where you spend the night.

Friday

Today is a little easier on the legs, with only a short ascent, then the long descent over the Bieltaljoch down to the Galtür valley via Bielerhöhe. The normal descent reaches the town of Wirl, from which the ski bus and transfers will take you back to the hotel at Landeck for your last night and evening meal.

Saturday

Breakfast in Landeck, hotel check out 10:00am, then free to depart whenever suits your travel plans

ITINERARY NOTES: Where possible we follow itineraries. Mountain adventures are weather and conditions dependant, so occasionaly we are forced to alter the plans. If this is the case, suitable alternatives are offered. Please use this outline itinerary as a guide to the types of route / activity that you will attempt.

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Course Inclusions

1) IFMGA / Ski Touring guide for five days, 2) Pre course information booklet, 3) Equipment discount voucher for UK shops, 4) Two nights hotel in Landeck, Austria on half board basis (inc. bedding & towels) based on 2 or 3 people sharing, 5) Four nights half board accommodation in mountain huts including three course cooked evening meals. 6) Free 36 page technical Course Instruction Booklet.

Course Exclusions

Travel to and from Landeck, Austria, 2) Cable Cars and valley transfers (budget on £60), 3) Ski hire, 4)
Personal laundry, telephone calls, lunches, & any purchases in mountain huts / hotels / restaurants, 5)
Activities insurance, & excess baggage charges, 6) Sun pre-dinner drinks & Friday celebratory meal & drinks.

Group sizes

3 - 6 people per IFMGA mountain guide. For group sizes of over 6 people, there are multiple guides, and the teams travel independently of each other. Note that if just 2 people book on a date, or wish a bespoke trip without others, this can be operated on any date for a £500 supplement per person, i.e. £1999pp.

Pre-requisite skills

These are outlined on this page; http://www.icicle-mountaineering.ltd.uk/coursesc.html, and this course is;Course level:IntermediateSkiing:2 weeks off piste experience and 1 week ski touring.Ice & Rock:Use of ice axe and crampons and rope work.Fitness:Good general fitness and stamina

Fitness & stamina

The ideal fitness levels are detailed at; <u>http://www.icicle-mountaineering.ltd.uk/trainingpreparation.html</u>, and there are links to general training advice and planners that you can adapt to suit and follow.

This trip is graded:Level 3 - At this level your fitness should be somewhere between running a fast paced10km run, and half marathon fitness. Typically you'll enjoy more hill training, and so would be able to run for
about an hour and a half of cross country, and enjoy big hill days out too.

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Weather & conditions

- It's natural for you to be avidly checking the weather on the weeks and days preceding your course, and we try and keep our social media channels updated daily, so you can see what's going on, and how the conditions are evolving. The website links below give you trustworthy weather forecasts.
- Website link: <u>http://www.icicle-mountaineering.ltd.uk/webcams.html</u> and <u>https://www.meteoblue.com/en/weather/week/silvretta-alps_austria_2658586</u>

Maps & guidebooks

- You don't need to take any maps and guidebooks for your trip, as you are being guided, but it's always a good idea from a safety perspective to have a map with you. Here are the key links;
- Chamonix map; https://shop.icicle-mountaineering.ltd.uk/79/BooksMaps/Maps/Alpinemaps/IGNChamonix36300Tmap.html
- Silvretta map; https://shop.icicle-mountaineering.ltd.uk/197/BooksMaps/Maps/Alpinemaps/Silvretta1198.html
- Instructional book; https://shop.icide-mountaineering.ltd.uk/165/BooksMaps/Books/Instructional/AlpineClimbing;TechniquestoTakeYouHigher.html

Equipment lists

- You will be sent a precise course specific kit list upon booking, but we have a huge amount of kit advice on our website; http://www.icicle-mountaineering.ltd.uk/boots.html
- Website link: <u>http://www.icicle-mountaineering.ltd.uk/icicleshop%2BKIT%2BSKM.html</u>

Any questions?

Even if you've read all the detail here and in your Course Information Booklet, and on the website, you may still have some queries about your trip, so don't hesitate to get in touch.

- Telephone +44 (0)1539 44 22 17
- E-mail <u>info@icicle.co.uk</u>
- Facebook message <u>http://m.me/iciclemountaineering</u>
- Here's our office hours, and online chat <u>http://www.icicle-mountaineering.ltd.uk/contact.html</u>
- When you're on a trip, you'll also be provided an in resort WhatsApp number for our team, so if you haven't already, please ensure that you download this free app to your phone.



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